



# DR. FIELD'S GUIDE TO PEDIATRIC DENTAL EMERGENCIES

Clean the area around the sore tooth. Rinse the mouth thoroughly with warm salt water or use dental floss to dislodge trapped food/debris. **DO NOT** place aspirin or heat on the gum or aching tooth. If face is swollen, apply a cold compress. Take acetaminophen for pain and contact Dr. Field as soon as possible.

## TOOTHACHE



## CUT or BITTEN TONGUE, LIP, or CHEEK



Apply ice to bruised areas. If there is bleeding, apply firm but gentle pressure with a clean gauze/cloth. If bleeding does not stop after 15 minutes or it cannot be controlled by simple pressure, take the child to a hospital emergency room.

Find the tooth. Handle the tooth by the top (crown) **NOT** the root portion. You may rinse the tooth, but **DO NOT** clean or handle the tooth unnecessarily. Try to reinsert it into its socket. Have the child hold the tooth in place by biting on a clean gauze/cloth. If you cannot reinsert the tooth, transport the tooth in a cup of milk. See Dr. Field **IMMEDIATELY!** Time is a critical factor in saving the tooth.

## KNOCKED OUT PERMANENT TOOTH



## BROKEN TOOTH



Rinse dirt from injured area with warm water. Place cold compresses over the face in the area of the injury. Locate and save any broken tooth fragments. See Dr. Field immediately.

If a broken appliance can be removed easily, take it out. If it cannot, cover the sharp or protruding portion with dental wax, cotton balls, gauze, or chewing gum. If a wire is stuck in the gums, cheek, or tongue, **DO NOT** remove it. See Dr. Field immediately. Loose or broken appliances which do not bother the child don't usually require emergency attention.

## BROKEN BRACES & WIRES



## POSSIBLE BROKEN JAW

If a fractured jaw is suspected, try to keep the jaws from moving by using a towel, tie, or handkerchief, then take the child to the nearest hospital emergency room.

Provided By:  
**Shoreline Pediatric Dentistry**  
[www.shorelinekidsteeth.com](http://www.shorelinekidsteeth.com)  
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*These suggestions are in no way intended to replace proper medical or dental care and advice*